

Living Life

Your Way For 21 Years



Issue **Two**

CommunityVision

CEO *message*

Thanks for taking the time to read the second edition of our 21st birthday newsletter – Living Life Your Way for 21 Years. Monday 21st February was a fantastic day for us; we proudly launched our year of celebrations highlighting 21 years of service to the WA community. We have lots of exciting events and initiatives ahead of us.

We appreciate the past two years have been challenging, with many unable to connect with family and friends. With our borders now open, we can bond with our loved ones in person again. Family and friends are good for your health. They can help you celebrate good times and provide support during bad times. They can also prevent isolation and loneliness and give you a chance to offer needed companionship.

Whilst this is great news, we're now operating in a COVID-19 world and for many who have underlying medical conditions or are vulnerable in other ways, extra care needs to be taken. Here are a few things to keep in mind.

Ensure we wear our masks, even when we feel it may be safe to take them off. The extra level of protection offered by a mask is proven to help protect you from the COVID-19 virus. A face mask can be a reusable cloth face mask or a single-use surgical mask, which can include a P2 or N95 mask. The face mask should be fitted securely around the face and cover both the nose and mouth.

Wash your hands regularly. We know that household benchtops can be a transmitter of germs and the virus is no different.

Don't allow people into your home if they have COVID-19 or flu like symptoms.



Flu season is just around the corner and if you haven't had your flu shot or your third dose yet, book an appointment now. We know that protection is greater with the third dose.

We're here to help you be safe and well and offer our customers alternatives to face to face services, if needed. We have access to masks, the flu vaccine and COVID-19 vaccines. We can help with food deliveries or offer online support and programs to keep everyone connected and well at home.

Our art therapy, massage and meals service at Woodvale Social Centre allow connection with like-minded friends as well as a break. At Community Vision we value both our staff and customers' company and friendship. We are confident we can work through any new challenges together.

I'd love to hear from you if you feel there is something more we can do. Just email me Michelle.Jenkins@communityvision.asn.au. Be assured, the safety and well-being of both staff and customers is our number one priority at Community Vision.

Stay safe everyone.

Michelle Jenkins
CEO,
Community Vision

Get to know the CEO

Did you know Community Vision's CEO Michelle Jenkins adores cooking Spanish food? One of her favourite dishes and indeed her signature dish, is paella. Her own recipe was featured in the *Recipes to Remember* cookbook released by Community Vision to raise funds to support and educate those living with and affected by dementia. Michelle says, "My kitchen at home has a real Spanish feel, which makes me feel closer to family because my mum lives in Spain and I have spent many quality holidays there enjoying our togetherness and the culture."



'Key to the Door' Awards

Enter now

Well done and congratulations to all staff who have been nominated so far. You are all winners.

Helen Russell
Rebecca Mackay
Christine Hilgert
(Am) Punyanuch Kolyanee
Carol Smith
Madeline Ahlgren

Woodvale Team
Amanda Chippendale
Bella West
Doreen Stopworth
Nicole Snare
Paul Johnson

Kayleigh Pearson
Victoria Johnston
Kelly Bellamore
Ainslie McLaughlin
Debbie Ribbons
Victoria Johnston

Cyrena Burke
Nola Allan
Sharyn Ross
Jessica Martin
Morgan Purdy
Bella West

We've been helping West Australians to live life their way, for 21 years.

It's time to showcase our unsung heroes by recognising the work of 21 exceptional individuals working within Community Vision.

Community Vision staff are encouraged to nominate themselves or someone within the organisation. Customers and families are also encouraged to nominate staff.

21 finalists will be recognised. Of these finalists, there will be three overall prize winners. First place will win the overall 'Key to the Door' Award and \$2,100 cash. Second and third place will receive gift cards.

Entries close 1st April 2022.

Entering is easy!

You can nominate yourself or someone else with the entry form [HERE](#), or simply call 1800 968 754 and nominate someone over the phone or tell any Community Vision staff member about who you wish to nominate and they can fill in a form for you.

Birthday wishes



JOONDALUP
BUSINESS ASSOCIATION
Supporting Local Business Since 1994

We would like to wish Community Vision a very happy 21st birthday and congratulations on the valuable contribution you make to our community. We are thrilled to have Michelle Jenkins on our board for the first time this year and we greatly appreciate Community Vision's ongoing sponsorship of our awards – *Community Vision Australia Joondalup Business Association Awards*. We see all the amazing things you do and are proud to be affiliated with such a valuable community organisation. Thank you for being an integral part of the Joondalup Business Association.

Joondalup Business Association



I'd like to say a massive Happy Birthday to Community Vision and congratulations on turning 21. A beautiful recollection I have is working on a school holiday program with a customer who was very quiet and shy and not interacting with others. I encouraged her to make friends with another customer her age and ever since they've been best of friends, always together on school holidays and after school programs displaying huge smiles on their faces. This is just one of the many special memories gained from working here since 2017. I can't wait to capture more magical moments in the next 21 years at Community Vision.

Paul Johnson - Community Vision Senior Support Worker

Community Vision says *thank you*

There is nothing more powerful than acknowledging something special in those around us. The real, the quirky, the beautiful and the magical that can be found in everyone.

In our 21st Year, Community Vision staff are handing out *thank you* cards to recognise those who are doing a great job. Elizabeth White was one of the first customers to receive a card from her support worker. Elizabeth was so excited and grateful to receive it and to be acknowledged as an integral part of the Community Vision family.



An angel visits *Woodvale*

Community Vision's Executive Assistant Tania Hohapata takes her dog Angel to the Woodvale Social Centre once a week. Angel loves interacting with the customers and causing a ruckus while they are concentrating on playing bingo. The hardest part is getting Angel to leave at the end of the day because both her and the customers are having too much fun together.



Meet me

John Sidney Varley - Customer

Tell us something we may not know about yourself:

After I came out of the Royal Air Force, I went to the biggest printing company in the country and asked if I could have a job. There was no job advertised and I gave all the answers my way, but not the answers he wanted. Despite all that, I got a job that didn't exist.

I was only 20 and by 26, I was the most powerful person in the company – more powerful than the Directors. I travelled the world buying printing paper, dealing with people my father's age. When the Scandinavians took me for lunch, they would send someone in first to see if it was good enough for me...it was unreal.

What is your favourite thing about Community Vision?

Community Vision staff have always been extremely friendly, willing to help us seniors. I'm grateful for their overall attitude, wanting to make people's lives better. I hope you carry on this standard for another 21 years, making so many people happy and comfortable indefinitely.



Best buds

Adam and Brayden are customers at Kingsley Disability Centre. They met through Community Vision and have been best friends for over five years. Brayden and Adam love the same things and enjoy spending time with each other. They attend dancing, swimming, sailing and play basketball together.

"There are three things that grow more precious with age; old wood to burn, old books to read, and old friends to enjoy."
Henry Ford

21 years of big achievements

When COVID-19 temporarily halted international travel, it created an opportunity for customers to travel the globe through a fully immersive and interactive virtual reality experience called 'Getaway Woodvale'.

The program, running from Woodvale Social Centre, won the 'Team' award in WA and was a national finalist at the LASA Excellence in Age Services Awards.

The 'Getaway Woodvale' program seeks to emulate the real thing when it comes to travel and uses captivating technology to positively impact customer health and wellbeing.

Community Vision is extremely proud of this initiative and were delighted to be recognised for demonstrating excellence through an initiative that has improved the lives of older people.

Find out more about Woodvale Social Centre by calling 08 9409 2347.

